

Client Interview Process QHHT

- 1) This interview and your session are confidential and will be recorded for you to continue to listen to after our session, as the healing continues.
- 2) Why do you want to have a session?
- 3) I will ask about your life– childhood–relationships with parents and siblings– schooling–work–important relationships– spouse–family–health issues. It would help if these are in some kind of order – childhood to present, etc.
- 4) Have you ever been hypnotized or had a past life regression before, if so what was the experience like– do you meditate?
- 5) We will talk about hypnosis– what you think it is– any fears or questions about it– and I will help you relax in the process, some points I may cover are:
- 6) Please bring a list of questions/healing requests with you which we will go over during our interview. Try to limit your questions to 10 and proof read to notice if there are duplicate questions.

~You may have had many, many lives – it's easy to access Past Life info. If you haven't had many PL's or any you will still be guided to the experience that best assists you.

~Hypnosis is a natural state of mind – we are in the deepest state of consciousness at least 2 times a day...we enter lighter trance states many times during the day.

~Always tell me the first word or thought you get when I ask you a question.

~I will not be leading you anywhere. I will make suggestions and your SC (Super Conscious, Quantum or Higher Self) will take you the most appropriate time and place for you. Because I can't see what you're seeing, I will ask questions and you will need to answer and give me as much detail as possible. We will be recording

this session for you to listen to later, so the more detail you can share the more will be there for you later to hear.

~The the conscious mind can cause interference, because it's used to being in charge. I want you to know how to ignore it and continue. I will talk about multi-tasking (watching TV while having a conversation yet really focusing on the TV, etc.).

~You may feel aware of being in two places at once; here in the room and having another experience at the same time. Then you can just focus on the other experience and the room may fade into the background.

~Hypnosis isn't amnesia; you may be aware and remember the session, and it may fade after it is over and that is why we make the recording, it's like dreaming they fade over time.

7) I will talk about the Super Conscious SC....It is so huge and it knows everything about you. It sees the bigger picture and it will answer your questions. It will take you to the most appropriate time and place for you to see. The SC comes from a place of Love.

8) I will explain about visualization...I'm going to ask you to see some things....everyday objects, etc.

9) I will let you know about how relaxed the body will be and the need to empty the bladder, and if you need to go to the bathroom during the session, you can and when you return, you will go right under again.

10) Trust in the process, enjoy the adventure, have fun, don't push away anything that comes up and please tell me in detail what you are seeing, experiencing and are aware of. You may not feel like talking, but I need you to agree that you will talk to me and tell me what you are experiencing.